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Why creativity can be difficult….but doesn’t need to be!

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# Attention all doctors dentists and vets

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| conflict | Not a good time | useless |
| Anxiety- not good enoughFear of Failure?Not for me, someone else’s thing | No energynot a priority – so busygood enough already – grade 8 pianodon’t know what to do- too much choice. What’s for me? | For childrenCan’t get goingForgotten how to playBetter to read a book or eat a meal |

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Creativity is here for you with support and fresh ideas at cRxeate.com

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# Attention you all !

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| For everyone | To find | More for Your self |
| Helps imaginative /imagery processingCuriosity JoyReduces conflict- stress cycles | Can exploreNo need of failure- enjoy the processFind your talentsPlay. Flow.interact | Wellness toolHelps emotional risk takingVulnerabilityDivergent thinking and problem solving for you and patients |

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Happy teachers appreciation week

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# Attention All Teachers!

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| Monday | Wednesday | Thursday |
| Teacher Appreciation LuncheonMay 2nd - 1pm | Award CeremonyMay 4th - 6pm | Gift GivingMay 5th – 9am |