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Why creativity can be difficult….but doesn’t need to be!

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# Attention all doctors dentists and vets

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| conflict | Not a good time | useless |
| Anxiety- not good enough  Fear of Failure?  Not for me, someone else’s thing | No energy  not a priority – so busy  good enough already – grade 8 piano  don’t know what to do- too much choice. What’s for me? | For children  Can’t get going  Forgotten how to play  Better to read a book or eat a meal |

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Creativity is here for you with support and fresh ideas at cRxeate.com

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# Attention you all !

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| For everyone | To find | More for Your self |
| Helps imaginative /imagery processing  Curiosity Joy  Reduces conflict- stress cycles | Can explore  No need of failure- enjoy the process  Find your talents  Play. Flow.  interact | Wellness tool  Helps emotional risk taking  Vulnerability  Divergent thinking and problem solving for you and patients |

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Happy teachers appreciation week

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# Attention All Teachers!

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| Monday | Wednesday | Thursday |
| Teacher Appreciation Luncheon  May 2nd - 1pm | Award Ceremony  May 4th - 6pm | Gift Giving  May 5th – 9am |